



Under the Patronage of H.E. Minister of Health
Dr. Ahmed Abdulwahab Al-Awadhi



مؤتمر الكويت للأمراض الجلدية والليزر وطب التجميل
ANNUAL CONFERENCE FOR DERMATOLOGY, LASER & AESTHETIC MEDICINE

12th, 13th & 14th February 2026



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TIMING	TOPIC	SPEAKER
8:00 – 9:00	Registration	
9:00 – 9:05	Welcome Note from the President, KSD	 Atlal Al Lafi
9:05 – 9:30	AD-IMPACT: The First Real World Study in Gulf Countries Assessing Disease Control in Moderate-to-Severe Atopic Dermatitis Patients	 Atlal Al Lafi

Session 1: Ethic & Modern Leadership Challenges

TRACK A: HALL 1

9:30 – 10:30	Medical Responsibility in Kuwait (المسؤولية الطبية في الكويت)	 Salman K AlSabah
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Dermatopathology Workshop

Chairperson: Elsadat Mosbeh Mohamed

10:30 – 11:10	Pathology of Nevi and Melanoma	 Jaime Edurdo Calonje
11:10 – 11:30	A Gut Feeling in Dermatopathology	 Humoud AlSabah
11:30 – 11:50	Common Skin Tumors	 Mohammad Al Enezi
11:50 – 12:00	Epidermal Hints for Diagnosis	 Elsadat Mosbeh Mohamed

Session 2: Medical Dermatology

TRACK A: HALL 1

Chairpersons: Ayman Al Naeem & Dalal Al Mutairi

12:00 – 12:20	Pyoderma Gangrenosum and PG Mimickers	 Afsaneh Alavi
12:20 – 12:40	Exploring Anti-Fungal Resistant Dermatophytosis	 Ayman Al Qaqaa

12:40 – 12:50 Session Q&A

12:50 – 14:00 Lunch Break

14:00 – 14:30	 Start Strong... Go Long	 Tiago Torres
14:30 – 15:00	 Shedding Light on HS	 Pedro Mendes Bastos

TIMING	TOPIC	SPEAKER
Session 3: Pigmentary Disorders & Inflammatory Dermatoses TRACK A: HALL 1		
Chairpersons: Manar Al Enezi & Mariam Al Shammari & Dalia Sadeq		
15:00 – 15:20	Surgical Management of Vitiligo	 Vinay Keshavmurthy
15:20 – 15:40	Melanocytes – Keratinocyte Transplantation in Non-Vitiligo vs Vitiligo Lesions	 Saad Altalhab
15:40 – 16:00	Dermoscopy of Common Pigmentary Dermatoses	 Vinay Keshavmurthy
16:00 – 16:20	Overview and Updates on Acquired Dermal Macular Hyperpigmentation (ADMH)	 Dana Alessa
16:20 – 16:30	Session Q&A	
16:30 – 17:00	 Role of Advanced Therapies for the Management of Atopic Dermatitis and Alopecia Areata	 Demet Kartal
Aesthetic Workshop		
17:00 – 18:20	Managing Filler Complications (The MLT Technique) Teoxane, Switzerland	 Billur Sezgin Kizilok
Session 4: Reframing Beauty TRACK A: HALL 1		
Chairpersons: Huda Al Saffar, Aysha Al Moosa		
18:20 – 18:40	AART of Sculptra	 Firas Hamdan
18:40 – 19:00	HIT Firm and Lyft: Sculptra & Restylane	 Firas Hamdan
19:00 – 19:10	Session Q&A	

TIMING	TOPIC	SPEAKER
Session 5: CTD & Therapeutics		TRACK B: HALL 2
Chairpersons: Reham N Abdulwahab & Abeer Al Sarheed		
15:00 – 15:20	Tricoscopy in Connective Tissue Disease	 Amina Al Obaidli
15:20 – 15:40	Updates in Rheumatologic Dermatology	 Abeer Al Sarheed
15:40 – 16:00	Systemic Sclerosis Mimics	 Anas Al-Eidan
16:00 – 16:20	Cutaneous Toxicities in Breast Cancer Treatment: Identification and Management	 Faisal Al Terkait
16:20 – 16:40	Psychiatric Medications Manifestation in Dermatology	 Aseel Al Ibrahim
16:40 – 16:50	Session Q&A	
Session 6: Dermato-oncology		TRACK B: HALL 2
Chairpersons: Yashpal Manchanda & Ali Naqi		
16:50 – 17:10	How to Manage Dermatologic Surgery Complications?	 Ibrahim Al Aradi
17:10 – 17:30	Surgical Management of Skin Malignancies	 Abeer Al Sherawi
17:30 – 17:50	Mohs Techniques	 Alia Al Sayed Ibrahim
17:50 – 18:00	Session Q&A	
Session 7: Virology		TRACK B: HALL 2
Chairpersons: Hisham Hanafy & Maryam Dashti		
18:00 – 18:20	Advances in Cryotherapy: Insights from the 'Ice and Fire' Workshops at AAD Annual Meetings	 Emadeldin Elgamal
18:20 – 18:40	HPV in Children	 Florence Brunet-Possenti
18:40 – 19:00	Our Experience in Treating Resistant Warts	 Ali Naqi
19:00 – 19:10	Session Q&A	

TIMING	TOPIC	SPEAKER
Session 8: Acne and Related		TRACK A: HALL 1
Chairpersons: Aisha Al Ali & Yasir H Shaikh		
9:00 – 9:20	Acne Scars: Fast & Furious	 Abrar E Bukhari
9:20 – 9:40	Healing the Past: A Comprehensive Approach to Acne Scar Solutions	 Rawan Al Rashed
9:40 – 10:00	Optimizing Combination Treatments	 Nazanin Saedi
10:00 – 10:20	Emerging Therapies for Inflammatory Skin Diseases: An Overview of New Treatments and Their Potential Impact on Patient Outcomes	 Richard Warren
10:20 – 10:30	Session Q&A	
Session 9: Hidradenitis Suppurativa		TRACK A: HALL 1
Chairpersons: Muna Al Murrawi & Maysa Tariq Eshmawi & Ghadeer Al Alawi		
10:30 – 10:45	Hidradenitis Suppurativa Overview	 Eman S Al Rashidee
10:45 – 11:05	Hidradenitis Suppurativa Management Update	 Afsaneh Alavi
11:05 – 11:20	Hidradenitis Suppurativa in Obstetrics & Gynecology Practice	 Abeer Alzaydi
11:20 – 11:35	Surgical HAS Management	 Hasan Aziz
11:35 – 11:50	Pearls on the Adjunctive Treatments of Hidradenitis Suppurativa	 Nouf Al Mutar
11:50 – 12:00	Session Q&A	
12:00 – 13:00	Prayer Break	
13:00 – 14:00	Midway Ceremony	
14:00 – 14:40	Lunch Break	
14:40 – 15:10	 Navigating the Future of Dermatology	 Balazs Hodosi
15:10 – 15:40	 The Opportunity to Leave Psoriasis Behind	 Richard Warren

TIMING	TOPIC	SPEAKER
Session 10: Reframing Beauty		TRACK A: HALL 1
Chairpersons: Wael Seoudy & Manar Al Saqabi		
15:40 – 16:00	Filler Face Lift	 Mohammed Abozaid
16:00 – 16:20	Nanofat for the Periorbital Area: One Gun.. Multiple Targets!	 Mahmoud A. Rageh
16:20 – 16:40	Update on Neurotoxins: Current Landscape & Future Horizon	 Mohammed Tawara
16:40 – 17:00	Comprehensive Neck Rejuvenation: Treatment Options and Strategies	 Mohammed Abozaid
17:00 – 17:20	Collagen Biostimulators: An Evidence Based Approach to Indications & Our Center Experience	 Abdulhadi Jfri
17:20 – 17:30	Session Q&A	
Session 11: Pediatric Dermatology		TRACK A: HALL 1
Chairpersons: Abdullah Alaqeel & Jassem Al Shaiji		
17:30 – 17:50	Nail Disorders in Children	 Faisal Al Subaiee
17:50 – 18:10	Interesting Cases in Pediatric Dermatology	 Tawa Sahar
18:10 – 18:30	Navigating the Challenges of Atopic Dermatitis in Children	 Amani Sultan
18:30 – 18:50	The Untold Ugly Truth of Child Sexual Abuse	 Hadaf Hasan
18:50 – 19:10	Review of Skin Disorders with Epidermolytic Hyperkeratosis	 Arti Nanda
19:10 – 19:30	Alopecia Areata in Children	 Anwar Al Sumait
19:30 – 19:40	Session Q&A	

TIMING	TOPIC	SPEAKER
Session 12: From Aesthetics to Wellness and, Others		TRACK B: HALL 2
Chairpersons: Muneera Al Makhizeem & Munira Al Jutaili		
10:30 – 10:45	Mesobotox: A Modern Approach to Skin Rejuvenation	 Shatha Al Roomi
10:45 – 11:00	Platelet-Rich Plasma: Current Standards and Protocols	 Fatema Al Saqer
11:00 – 11:20	Snapchat Dysmorphia	 Salma Al Barqawi
11:20 – 11:35	Mastering the Art of Toxin Delivery: Injection Pearls and Safety Tips	 Najla Al Kharafi
11:35 – 11:50	PDRN and Facial Rejuvenation	 Esraa Al Falaikawi
11:50 – 12:00	Session Q&A	
12:00 – 13:00	Prayer Break	
13:00 – 14:00	Midway Ceremony at Hall 1	
14:00 – 14:40	Lunch Break	
Session 13: Skin and Hair		TRACK B: HALL 2
Chairpersons: Mutlaq Al Sulaili & Shamayel Al Sanafi		
14:40 – 15:00	Innovations in the Management of Hyperpigmentation and Clinical Study Results	 Ahmad Al Hajji
15:00 – 15:20	The Role of Exosomes in Skin and Hair	 Abdulaziz AlQatami
15:20 – 15:40	Sun Safety Simplified: The Science and Application of Sunscreens	 Khalifa Alsaleh
15:40 – 16:00	Update in Lichen Planus Pigmentosus	 Sarah AlKhabaz
16:00 – 16:20	Session Q&A	

TIMING	TOPIC	SPEAKER
Session 14: Women's Health		TRACK B: HALL 2
Chairpersons: Shehab Al Dhafiri & Sahar Tarab		
16:20 – 16:40	The Role of Ultrasound in Dermatology	 Roya Zarmehr Zamin
16:40 – 17:00	Updated European Guideline for the Management of Vulval Conditions	 Doaa Alawadhi
17:00 – 17:20	Inflammatory Skin Diseases During Pregnancy	 Shaikhah Al-Abdulrazzaq
17:20 – 17:30	Session Q&A	
Session: MEIDAM Association Grand Rounds – KBD Residents		TRACK B: HALL 2
Chairpersons: Saba Al-Rashed		
17:30 – 17:35	Welcome and Introduction	 Abeer Al Bazali
17:35 – 17:45	First Case Presentation	 Adnan Ahmad
17:45 – 17:55	Second Case Presentation	 Rawan Al Mutairi
17:55 – 18:30	Wound Dressings	 Saba Al Rashed
18:30 – 18:40	Third Case Presentation	 Hessah Al Mutairi
18:40 – 18:50	Fourth Case Presentation	 Zahraa Al Hawaj
18:50 – 19:00	Fifth Case Presentation	 Dhari Al Otaibi
19:00 – 19:10	Session Q&A	
19:10 – 19:20	Polls and Winner of the Best Presentation	

TIMING	TOPIC	SPEAKER
Session 15: Immunodermatology		TRACK A: HALL 1
Chairpersons: Mohamed Ahmed & Faiza Ahmed Al Raai & Mohammed Al Otaibi		
9:00 – 9:20	Essential Patch Testing: A Comprehensive Guide for Effective Implementation in Cosmetics	 Tarek Al Enezi
9:20 – 9:40	Advanced Allergy Testing: Unveiling the Impact of Food and Environmental Allergies on Skin Disorders	 Ahmad Al khabaz
9:40 – 10:00	Pemphigus Vulgaris: New Insights into Pathogenesis and Therapeutic Approaches	 Nadya Al-Faraidy
10:00 – 10:20	Bullous Pemphigoid: Current and Emerging Therapies	 Sara Mubarak
10:20 – 10:40	Sex Differences in Disease Phenotypes and Treatment Responses. A Growing Focus in Research	 Yaser Ghadanfar
10:40 – 10:50	Session Q&A	
Session 16: Sexually Transmitted Diseases (STDs)		TRACK A: HALL 1
Chairpersons: Daifallah Alotaibi & Ahmad Al Mutairi		
10:50 – 11:10	HPV Beyond the Surface: Integrative Approaches in Dermatology	 Reem Alneebari
11:10 – 11:30	What We Really Known About HIV?	 Sarah Al Qabandi
11:30 – 11:50	HPV Virology and Epidemiology: A Brief Overview	 Florence Brunet-Possenti
11:50 – 12:10	Advances in HPV Management and Vaccination in Dermatology	 Samya Abu Shaikha
12:10 – 12:20	Session Q&A	
12:20 – 12:50	 Symposium	 Stefano Piaserico
12:50 – 14:00	Lunch Break	
14:00 – 14:30	 Atopic Dermatitis (AD) & Prurigo Nodularis (PN) Overview & Clinical Cases	 Pedro Zancanaro

Workshop

14:30 – 15:30 Glabellar Frown Lines: Injection Techniques  Walaa Abdelfattah

Session 17: Medicine Meet Media

TRACK A: HALL 1

Chairpersons: Abeer Al Bazali & Sara Mubarak

15:30 – 15:50 Dermatologist in the Era of Social Media  Aseel Al Sulaimi

15:50 – 16:10 Emotional Intelligence for Healthcare Leader  Mohammad Al Azemi

Session 18: Laser & Therapeutics

TRACK A: HALL 1

Chairpersons: Meshal Al Ghareeb & Ali Ajmi

16:10 – 16:30 From Concept to Clinic : The Science of Lasers in Dermatologic Procedure  Ali Al Ajmi

16:30 – 16:50 Eradicating Acne with Laser  Fahad Al Mutawa

16:50 – 17:10 Lasers for Treatment of Alopecia  Giselle Martins

17:10 – 17:30 Red Face and Vascular Laser  Ahmed M Alissa

17:30 – 17:50 Safely Using Lasers in Darker Skin Types  Nazanin Saedi

17:50 – 18:00 Session Q&A

Session 19: Hair Disorder

TRACK A: HALL 1

Chairpersons: Rafat Harby & Fatemah Aljuaidi

18:00 – 18:20 Frontal Fibrosis Alopecia Approach  Sarah Alenezi

18:20 – 18:40 Trichoscopy: Essential for Dermatologists  Ahmad Alsaeed

18:40 – 19:00 Scalp Biopsy: What is Important  Giselle Martins

19:00 – 19:10 Session Q&A

19:10 – 19:40 Closing Ceremony